

JAZZ DANCE FOR THIRD GRADE

The jazz dance combination included here is an example of what third graders are capable of learning and performing in a jazz dance class. It can be broken into smaller parts and taught in more than one lesson. It can be performed as a class or in smaller groups of students. It is best done in 4/4 rhythm.

Suggested Music

Age appropriate pop music, such as *Get Up Offa That Thing* by James Brown or *Can't Stop the Feeling* by Justin Timberlake

YouTube

Disney movie music

Beginning shape: Feet in closed parallel, arms 3" out from body on each side, jazz hands, palms front

Raise R hand overhead with elbow bent, palm still front on 1-2 cts. Reverse with the L hand on 3-4 cts. Cross hands over each other, R hand over L on 5 ct and R over L on 6 ct. Lower arms to sides and down on 7-8 cts.

Step R foot to the side and touch the L foot to it on 1-2 cts. Reverse on 3-4 cts. Repeat on 5-6 cts. Reverse on 7-8 cts. Arms stay down for the entire 8 cts.

Repeat above and add a clap of the hands on each **even** count.

Step to the side on the R foot to begin a three-step-turn to the R that ends facing front, arms down, on 1-4 cts. Reverse on 5-8 cts.

Repeat the three-step-turns and add a clap of the hands on the 4 ct and the 8 ct.

Pop both feet out to wide parallel and shoot arms out to second with flexed hands as though pushing out on 1-2 cts. Jump back to closed parallel on 3-4 cts. Repeat 5-8 cts.

Step to the front on the L foot and pivot body to the R to end facing back on 1-2 cts. Step to the back wall on the L foot to repeat the body pivot to the R to end facing the front on 3-4 cts. Close R foot to L on 5-6 cts. Arms have been down but now raise them to second position on 7-8 cts.

Chassé to R on R foot on 1-2 cts. Place ball of L foot behind R to ball change on 3-4 cts. Reverse the chassé and ball change on 5-8 cts.

Step R foot to the side in a wide parallel facing front on 1-2 cts. Raise arms overhead and clasp hands together on 3-4 cts. Keep hands clasped and bend the elbows to pull the arms down to the R, then L, then R, then L 5-8 cts.

End Shape: Students create their own shape to freeze in for the finish of the combination.