



Kota Reddy, MD

Dr. Reddy's passion is on prevention and reversal of diseases. At present, Dr. Reddy specializes in the prevention and reversal of Diabetes, heart disease, and obesity. He teaches his patients to live by one rule: 'Treat your food like medication and learn how to use your grocery store as your pharmacy.'

Education: Gandhi Medical College, 1985

Residency: Baylor College of Medicine

Fellowship: Texas Heart Institute (St. Luke's Episcopal Hospital)

<https://www.reddycardiology.com/>