# CAPOBIRA NIGHT

**RECENT** 

DELTA ETA PI

PROJECT BANTU

OCT 15 2023





#### **PREFACE**

We are the NDS Society Manila Chapter from the International School Manila. As current members of the National Dance Society, we organized an event to help our service partner, Project Bantu. Their aim is to fight poverty through the art of Capoeira and support youth in nutrition, academics, employment as well as other areas.

Project Bantu wanted to work for the donations that would come from this event instead of the NDS Society simply giving it to them. Therefore, some children and leaders from Casa Bantu led the Capoeira event. The donations from the Capoeira Night event will help Project Bantu with the feeding program for the San Andres Bukid children.

# **QUOTES FROM PEOPLE WHO ATTENDED**

"Capoeira night was heartwarming. I felt like despite our differences, we all connected within an hour through dance!" - Albane L.

"Capoeira night was filled with simple and fulfilling moments shared with the Bantu kids." - Eva F.

# **CAPOEIRA NIGHT**

RECENT



### **AIM & PREPARATION**

We started planning this event in October 2023 taking inspiration capoeira from the night we organized at same time last the year. Our aim for this event was to collect funds and encourage people to discover new activities We ensured that members and aspirants of NDS were included in the preparation process and divided them into commitees for better organization.



### **ASSEMBLY PERFORMANCE**

Project Bantu arrived at ISM in the morning and demonstrated the art of capoeira during the high school assembly to give a scope of what they would teach during the event later on.



# THEBYBNI

Capoeira is a Brazilian martial art that incorporates both music and dance. Bantu Cultural Institute performs and teaches capoeira to children of all ages, even adults, and came to teach a class.



They taught us some simple movements and then encouraged us to perform with one of them. They also offered to let some students play the instruments.